

# FSC 2026: Session: 1: COACH evaluation sheet for TEAM: STW

Coachinfo: Warming up from: 08:00 until 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vandermeulen Eric

Coaches: Goossens Nicole HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

**Event number: 3: 200M BACKSTROKE MEN** **Heat:2, starttime: 09:56**

**Heat: 2/5 Lane : 7 Athlete: VAN DE GENDER WOUT** **Q-time: 02:21:24**

**PB (50m pool): 02:21.24 Gent 08/02/2026** **PB (25m pool): 02:17.21 SB: 02:21.24 Gent 08/02/2026**

	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
<b>PB</b>	00:33.20	01:08.87	01:45.61	02:21.24	
	00:33.20	00:35.67	00:36.74	00:35.63	
	.....	.....	.....	.....	

Coach feedback:

**Event number: 3: 200M BACKSTROKE MEN** **Heat:3, starttime: 10:00**

**Heat: 3/5 Lane : 3 Athlete: VAN HOEY BILLIET ALEXANDER** **Q-time: 02:06:97**

**PB (50m pool): 02:06.97 Antwerp 09/02/2025** **PB (25m pool): 01:58.22 SB: 02:15.45 Luxembourg 01/02/2026**

	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
<b>PB</b>	00:29.33	01:01.22	01:34.28	02:06.97	
	00:29.33	00:31.89	00:33.06	00:32.69	
	.....	.....	.....	.....	

Coach feedback:

**Event number: 5: 100M BREASTSTROKE MEN** **Heat:7, starttime: 10:32**

**Heat: 7/9 Lane : 7 Athlete: ORBAN OLIVIER** **Q-time: 01:05:84**

**PB (50m pool): 01:05.84 Antwerp 09/02/2025** **PB (25m pool): 01:02.36 SB: no time**

	<b>5 0 M</b>	<b>1 0 0 M</b>	
<b>PB</b>	00:31.36	01:05.84	
	00:31.36	00:34.48	
	.....	.....	

Coach feedback: